



Racial Justice Rising presents:

Food Forests

A 5–Year Plan for The Health of
You and Your Environment

with Eliza Caldwell and Adam Matlock

FREE — [Donations welcome](#)

Saturday, February 20, at 1:30 p.m.

To register, send an email to programs@racialjusticerising with your name and town. We will send you the link to the program.

Learn about FOOD FORESTS, a multi-year approach to gardening using fruit trees, perennial plants, and shrubs. Food forests take into account the needs of insects and pollinators, as well as ourselves, and can transform an ordinary



garden into a flourishing ecosystem that provides both nourishment and a deeper engagement with our environment.

Food Forests can mitigate food desert conditions in predominantly Black and Latino communities and serve as a model of future resilience against the increasing effects of climate change.

The program will include time for discussion via chat.

Eliza Caldwell is the Community Gardens manager for Gather New Haven (CT). **Adam Matlock** is a gardener, music teacher, and accordionist whose Town of a Thousand Gardens project brings food forests and community gardens to his town of Hamden, CT. **Adam and Eliza** work actively in their own yard to model the possibilities of a small scale food forest.



Massachusetts Cultural Council

This program is supported in part by grants from the following Local Cultural Councils: Amherst, Ashfield, Bernardston, Buckland, Charlemont-Hawley, Conway, Gill, Greenfield, Heath, Montague, New Salem, Northfield, Orange, Pelham, Rowe, Shelburne, Warwick, Wendell, and Whately, local agencies which are supported by the Mass Cultural Council, a state agency.

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